



We should be careful not to let others' dramas work a contrary and less helpful effect on us. Rather than prompting us to focus on our own neglected priorities, these stories can \_\_\_\_\_ . The scale, color and immediacy of disasters gives them the power to elbow themselves to the forefront of our consciousness, thereby obscuring the call of those far quieter yet for us far more consequential worries which we need to face within ourselves. When a plane has just crashed in Nepal, we may reflexively start to respond in the manner of an air accident investigator or a panicked relative, rather than remember that this is not in fact really any of our business - and that we ought more fairly to be spending the day looking within, trying to interpret those faint pulses of anxiety upon which the effective management of our selves depends. [3점]

- ① widen our cognitive field to the fullest
- ② make us focus on our cherished priorities
- ③ risk distracting us from our deeper concerns
- ④ firmly put first private affairs over public ones
- ⑤ do a great thing to us by making us well-rounded